



# OSM Nordic Medical Clinic

NMC is a PEME Clinic in the Philippines with a holistic approach to healthcare, mindful of the needs of seafarer and company. Established in January 2018 NMC is a pre employment medical examination (PEME) clinic for seafarers. NMC's PEME program seeks to raise the standards of PEME in the Philippines It does not only test seafarer's health prior boarding, but teaches the seafarer how to take care of their health onboard & ashore. NMC's way is a holistic approach. From the physical & mental health fitness of the seafarer's well being at sea; we aim for a decrease in medical repatriations & sick cases onboard, leading to customer's success.



## For our Customer's Success

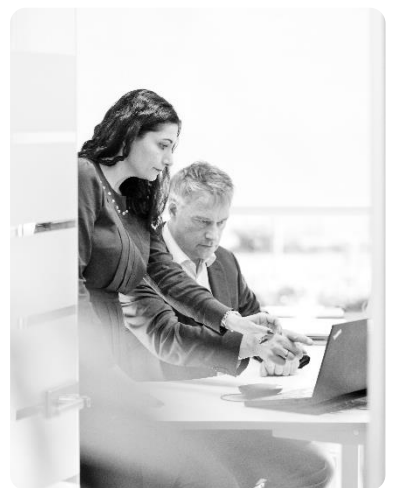
- **No extra cost** on 1st repeat tests for seafarers (no cash out for seafarers policy)
- **Full automation of test results**, no human intervention thus protecting the integrity of test results
- **Fast and Efficient Service**, know the PEME status within 24 hours (for rush requests, EOB)
- **Dedicated in house medical doctors** to interpret & explain the PEME results every day
- **Executive check up experience** with lounge area, with free fruits & refreshments for all seafarers
- **Holistic Health & Wellness training** through NMC Health App for all seafarers
- **Real time update** on status of PEME for Crewing Team via online, for better crew change planning
- **Regular alignment & feedback meetings** with customers
- **Holistic Health Talks** for seafarers & shore employees of customers
- **Telemedicine**

## Holistic Health Education

- 1 NMC Health App
- 2 Post PEME Conversation with Doctor
- 3 Company Health Seminars
- 4 Vessel Visits
- 5 Telemedicine

## Added Value to Shipowner, Shipmanagement & Crewing

- **Decrease in medical repatriations** & sick cases on board
- **Decrease in ship deviations** due to illness, preventing unnecessary losses
- Maintaining good health of seafarer, **gives long term service** to the company
- High quality PEME service for seafarers with holistic **health education included at no extra cost**



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